



**2 Week Winter Break Schedule
December 21, 2020 to January 3, 2021**

Students who were registered for Kelly's classes are invited to make up missed classes due to the temporary closure of the studio.

Re-registration is not required - just show up for your regular class time.

MONDAY Dec 21 Dec 28	TUESDAY Dec 22 Dec 29	WEDNESDAY Dec 23 Dec 30	THURSDAY Dec 24 Dec 31	FRIDAY
12:15pm – 1:15pm Pranayama LEVEL 2 Kelly	6:15am – 7:45am ALL LEVELS Kelly	3:30pm – 4:30pm Gentle Modified ALL LEVELS Kelly	6:30am – 7:45am ALL LEVELS Kelly	
3:30pm – 4:30pm Gentle Modified ALL LEVELS Kelly				SATURDAY Dec 26 Jan 2
5:00pm – 6:00pm Gentle Modified ALL LEVELS Kelly	5:00pm – 6:00pm Help for Back, Neck & Shoulders Modified ALL LEVELS Kelly	5:00pm – 6:00pm Gentle Modified ALL LEVELS Kelly		9:30am – 11:00am ALL LEVELS Kelly

BEFORE COMING TO CLASS AT THE STUDIO

Following the Public Health order of December 14 we are resuming classes with no restrictions on instruction. Please come to class as before, masks, props, hand sanitizer and ready to do yoga. Masks are to be worn while in the studio. We shall comply with all Provincial Health Orders and keep everyone informed of changes as they arise.



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Special 2 Week schedule as of Dec 16, 2020