

All classes will be by pre-registration only.
In-Studio Class registration opens Sun, May 23



Pricing
\$12 for 1.0 or 1.25 hr class.
\$14 for 1.5 hr class,
multiplied by the number of classes in this session.

Class Schedule May 24 – July 4, 2021

Zoom class schedule begins Monday May 24 (*with exceptions noted*).

In Studio class schedule to begin Wednesday, May 26 (subject to Health Authority approvals).

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
In-studio begins May 31 (tbc) Zoom May 24	In-studio begins June 1 (tbc) Zoom May 25	In-studio begins May 26 (tbc) Zoom May 26	In-studio begins May 27 (tbc) Zoom May 27	Zoom begins May 28
	6:15am – 7:45am ALL LEVELS Kelly (5 classes-\$60)		6:30am – 7:45am ALL LEVELS Kelly (6 classes-\$72)	
9:30am – 10:30am Aging Gracefully Modified Level 1 ZOOM-online Missi 6 classes - \$72	9:30am – 10:30am LEVEL 1,2 ZOOM-online De 6 classes - \$72	9:30am – 11:00am Aging Gracefully Modified Level 1,2 ZOOM-online Missi 6 classes - \$84		9:30am – 10:30am Aging Gracefully Modified Level 1 ZOOM-online Missi 6 classes - \$72
	10:30am – 12:00pm LEVEL 2,3 ZOOM-online Tracy 4 classes - \$56 no class Jun 22/29			11:00am – 12:00pm Pranayama LEVEL 1 ZOOM-online Tracy 4 classes - \$48 no class Jun25/Jul2
12:15pm – 1:15pm Pranayama LEVEL 2 Kelly (5 classes-\$60)		3:30pm – 4:30pm Gentle Modified ALL LEVELS Kelly (6 classes)		
3:30pm – 4:30pm Gentle Modified ALL LEVELS Kelly (5 classes-\$60)		5:00pm – 6:00pm Gentle Modified ALL LEVELS Kelly (6 classes-\$72)		5:00pm – 6:00pm PEACE PRACTICE BY DONATION JUN 4
5:00pm – 6:00pm Gentle Modified ALL LEVELS Kelly (5 classes-\$60)	5:00pm – 6:00pm Help for Back, Neck & Shoulders Modified ALL LEVELS Kelly (5 classes-\$60)		6:00pm – 7:30pm LEVEL 2,3 ZOOM-online De 6 classes - \$84	
6:00pm – 7:15pm LEVEL 1,2 ZOOM-online Annette 5 classes- \$60 no class May 24				SATURDAY In-studio begins May 29 (tbc) 9:30am – 11:00am ALL LEVELS Nicole (6 classes-\$84)

Payment is by e-transfer to the specific teacher.

Go to web-site for details on the following: Class Descriptions, COVID-19 protocols for In Studio Classes and what you need to do before you log into a Zoom class.

106-335 Wesley St | Nanaimo, BC
iyengaryogananaimo.com

May 24 to July 4 as of May 2, 2021