

Aug 8 – Sep 2 (4-week session)  
Registration opens August 1



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## Summer Schedule Session #2

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	6:15am – 7:45am ALL LEVELS Kelly		6:30am – 7:45am ALL LEVELS Kelly	
	9:00am – 10:00am LEVEL 1,2 ZOOM-online De 5 weeks = \$70 Jul 19, 26 Aug 2, 9, 16 (or pay by class \$16)	9:30am – 11:00am Aging Gracefully Modified Level 1,2 ZOOM-online Missi		
12:15pm – 1:15pm Pranayama LEVEL 2 Kelly	10:30am – 12:00pm ALL LEVELS Tracy <i>no class Aug 9</i> 3 weeks = \$48 Aug 16, 23, 30	10:00am – 11:00am Chair Yoga Level 2 Sheila \$40/4 week session	11:15am – 12:15pm Chair Yoga Level 1 Sheila \$40/4 week session	11:00am – 12:00pm Pranayama LEVEL 1 ZOOM-online Tracy <i>no class Aug 12</i> 3 weeks = \$42 Aug 19, 26, Sep 2
3:30pm – 4:30pm Gentle Modified ALL LEVELS Kelly	3:30pm – 4:30pm Gentle Modified ALL LEVELS Kelly	3:30pm – 4:30pm Gentle Modified ALL LEVELS Kelly	6:00pm – 7:30pm LEVEL 2,3 De IN Studio and ZOOM-online De 5 weeks = \$80 Jul 21, 28 Aug 4, 11, 18 (or pay by class \$18)	ॐ  Sep 5, 2022 begins a NEW 8 Week Session  ॐ
5:00pm – 6:00pm Gentle Modified ALL LEVELS Kelly		5:00pm – 6:00pm Gentle Modified ALL LEVELS Kelly		

### PRICING

\$56 – Pricing for 4 Week Session for 1.0 or 1.25 hour class = \$56

\$64 – Pricing for 4 Week Session for 1.5 hour class = \$64

(Single Class rates: 1.0 hr = \$16/1.5 hr = \$18)

Go to the web-site ([iyengaryogananaimo.com](http://iyengaryogananaimo.com)) for further details, information and news on current and upcoming schedules.

# 106-335 Wesley St | Nanaimo, BC  
[iyengaryogananaimo.com](http://iyengaryogananaimo.com)